

Client Comments

"You've made the move a pleasant, anxiety-free experience for me. Who would have thought it possible?"

Joanne N.

"Smooth Transitions helped me move my mom and they did an amazing job. It was like having 3 sisters and 3 hulky brothers helping me. I can't say enough good things about you and your team."

Beth S.

"I don't know how I would have survived without you."

Joanne D.

"I cannot imagine anything that would have made this move go more smoothly."

Kate B.

"You and your staff were so very patient and compassionate with the special needs of our family. You all rock. Your staff did not miss a thing. There were professional, courteous, and honest."

Dennis M.

"I totally believe in you and your service. It is so good to know someone trustworthy who can assist our dear folks at a time when they need help so badly. Thank you for being there."

J.B., administrator of a retirement facility

Speaking Engagements

If you would like Laura Armbruster to speak to your group about downsizing or "getting rid of stuff," please e-mail laura@smoothtransitions4u.com or call 216-381-7418. The humorous presentation can put a positive focus on what can be an overwhelming task.

About Smooth Transitions®

Barbara Morris launched Smooth Transitions® in Louisville, Kentucky, in 1995 and now has over fifty licensees from twenty-six states, Canada and New Zealand. Morris is the author of *Moving for Seniors: A step-by-step workbook* and a founding member of the National Association of Senior Move Managers (NASMM). For more information, visit the website at www.movingforseniors.com.



The National Association of Senior Move Managers, (NASMM) is a non-profit

professional association of companies whose goals are to help older adults and their families with all aspects of moving—physical and emotional. NASMM is committed to providing the compassion, respect and independence to seniors as they move from one home to another. For information on NASMM, see its website nasmm.org.

SMOOTH TRANSITIONS®

CLEVELAND

a div. of LABRUCRU LLC

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**SMOOTH
TRANSITIONS®**

CLEVELAND

Household Downsizing and Estate Dispersal



**MOVING
for
SENIORS**

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Household Downsizing and Estate Dispersal

Smooth Transitions[®] provides individuals and families the emotional and physical assistance needed in making a change in living arrangements.

Downsizing Each situation is different and Smooth Transitions[®] is there to help as little or as much as you need. It might be just giving directions for you and your family members to do the work yourselves. Sometimes selecting a place to move, deciding what to take, finding a mover, packing, moving, unpacking and getting rid of the leftovers can seem overwhelming. Smooth Transitions[®] can help with as little or as much of the move as you and your family needs.

For out-of-town family members, Smooth Transitions[®] provides peace of mind that someone is coordinating your family member's affairs with the personal attention you would give.

Estate Dispersal Smooth Transitions[®] also provides services for the dispersal of household belongings after the death of a loved one.

A death in the family introduces a whole new set of responsibilities, from removing personal belongings to the complete shutdown of an established home site. Daily responsibilities or distances can make these tasks seem even more overwhelming.

Smooth Transitions[®] can help make these tasks feasible and timely. Working under the direction of family members, attorneys or trust officers, we organize and distribute the estate according to your

and your family member's wishes. From the most simple sorting to arrangements for cleaning and repair work, taking the pressure off already trying times is as easy as a phone call.

Pre-Planning In addition, Smooth Transitions[®] offers individuals and families pre-planning, providing direction for future dispersal of personal and household belongings.

Smooth Transitions[®] is designed to fill in on the things that seniors and their family members can't or don't want to do. It can mean a consulting session for those who can do some of the things themselves or doing each step of the move from start to finish. Each project is different. Smooth Transitions[®] can do as little or as much as required.

Fees Charges are based on hourly rates plus expenses. A deposit is required at time of contract. Please e-mail or call for more information or an appointment.

What Smooth Transitions[®] can do to help:

- deciding what to take
- sorting household treasures
- changing utilities
- making moving arrangements
- packing
- orchestrating move day
- unpacking
- setting up new home
- shipping items to family members
- arranging for sale of household belongings
- donating leftovers
- trash hauling
- cleaning the house
- arranging repairs
- finding good homes for treasures of a lifetime

Gift Certificates

Gift certificates are available. If you know a senior who could use some help in making a move, help them get started by giving them a gift certificate for Smooth Transitions[®] services.

About Us

Smooth Transitions Cleveland was started in June 2004 by Michele Innenberg. Both Michele and Laura have received training and licensing from Smooth Transitions[®] founder, Barbara Morris. Before taking over Smooth Transitions Cleveland, Laura was a coordinator for Organ and Tissue Donation, where she provided families with support and compassion and facilitated the donation process. Bonded and insured, Laura is a Member of the National Association of Senior Move Managers (NASMM).

216-381-7418